

Take Five

WITH
PASTOR MIKE



A DAILY MOMENT.
GOD'S TRUTH.
LASTING IMPACT.



A MINISTRY OF HEARTSWAY BAPTIST CHURCH

WEEK FIVE • PEACE THAT PASSES UNDERSTANDING



MONDAY



KEY TRUTH

God's peace can guard the heart even when the mind cannot explain the circumstances.

Peace That Passes Understanding

TODAY'S SCRIPTURE (KJV)

Philippians 4:7

"And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."

Good Morning!

Good morning! We often think peace will come when every question is answered and every problem is solved.

Paul describes a peace that operates differently. It passes understanding because it does not depend upon circumstances making sense. It comes from bringing everything to God through prayer, supplication, and thanksgiving.

God's peace acts as a guard over the heart and mind. Fear may approach, but it does not have to control us. Anxiety may knock, but it does not have to become the ruler of our thoughts.

Bring your concerns honestly to the Lord today. You may not receive every explanation, but through Christ you can receive peace strong enough to hold you while you wait.



TAKE FIVE CHALLENGE

Take five intentional minutes today.

- 1 Read Philippians 4:6-7 aloud.
- 2 Name the concern disturbing your peace.
- 3 Turn that concern into a specific prayer.
- 4 Spend five minutes thanking God as you pray.
- 5 Share peace with someone who is anxious.



SONG FOR THE JOURNEY

"It Is Well with My Soul" — Horatio G. Spafford



God can establish peace within the soul even when the circumstances surrounding us remain unsettled.



SHARE THE BLESSING

Offer a calm presence and a faithful prayer to someone whose heart is carrying more than they can explain.



PRAYER

Father, I bring every anxious thought and unanswered question to You. Guard my heart and mind through Jesus Christ. Replace fear with trust, confusion with confidence, and restlessness with Your peace. Help me wait faithfully even when I do not understand. In Jesus' name, Amen.

Walking with you in Christ,

Pastor Mike

Heartsway Baptist Church

Doing God's work, God's way,
in Jesus' name!

THE GOSPEL IN ONE VERSE

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

John 3:16 (KJV)



PASTOR MIKE'S THOUGHT

The peace of God is not an explanation for every trouble; it is God's presence guarding us within it.



TOMORROW'S TAKE FIVE

Week Five • Tuesday • Peace With God • Romans 5:1 (KJV)



Heartsway
Baptist Church

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*Sharing God's Truth
Building God's People
Changing Lives*