

Take 5

WITH
PASTOR MIKE



A DAILY MOMENT.
GOD'S TRUTH.
LASTING IMPACT.



A MINISTRY OF HEARTSWAY BAPTIST CHURCH

WEEK THREE • STANDING FIRM



TUESDAY



KEY TRUTH

God's Spirit supplies inward strength that outward pressure cannot destroy.

Strengthened Within

TODAY'S SCRIPTURE (KJV)

Ephesians 3:16

*"To be strengthened
with might by his Spirit
in the inner man."*

Good Morning!

The greatest battles are often fought where no one else can see them - within the heart and mind.

We may appear composed while privately wrestling with discouragement, temptation, or fear. Human determination eventually becomes exhausted, but the Holy Spirit provides strength beyond our own resources.

Paul prayed that believers would be strengthened in the inner person. God desires more than outward appearance. He builds endurance, conviction, peace, and courage at the deepest level of our lives.

Do not pretend to be stronger than you are. Bring your weakness honestly to God. The place where your strength ends can become the place where His power is most clearly revealed.



TAKE FIVE CHALLENGE

Take five intentional minutes today.

- 1 Read Ephesians 3:16 prayerfully.
- 2 Tell God honestly where you feel weak.
- 3 Ask the Holy Spirit for inward strength.
- 4 Spend five minutes resting in God's presence.
- 5 Pray for someone facing a private battle.



SONG FOR THE JOURNEY

"He Giveth More Grace" — Annie Johnson Flint



He giveth more grace when the burdens grow greater.

When our strength is exhausted, God's supply of grace and power remains unlimited.



SHARE THE BLESSING

Offer someone a safe place to be honest. Sometimes strength begins when a burden is finally shared in prayer.



PRAYER

Holy Spirit, strengthen me in the deepest places of my life. Replace fear with courage, discouragement with hope, and weakness with Your power. Help me stop pretending and begin depending fully upon You. Make me strong enough to obey and gentle enough to help others. Amen.

Walking with you in Christ,

Pastor Mike

Heartsway Baptist Church

Doing God's work, God's way,
in Jesus' name!

THE GOSPEL IN ONE VERSE

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

John 3:16 (KJV)



PASTOR MIKE'S THOUGHT

God often changes our circumstances after He has first strengthened us to stand within them.



TOMORROW'S TAKE FIVE

Week Three • Wednesday • Put On the Whole Armor • Ephesians 6:11 (KJV)



Heartsway
Baptist Church

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*Sharing God's Truth
Building God's People
Changing Lives*