

Take 5

WITH
PASTOR MIKE



A DAILY MOMENT.
GOD'S TRUTH.
LASTING IMPACT.



A MINISTRY OF HEARTSWAY BAPTIST CHURCH

WEEK TWO • A BRAND NEW LIFE



THURSDAY



KEY TRUTH

God calls us forward;
we cannot embrace
His future while
continually clinging
to the past.

Leaving the Past Behind

TODAY'S SCRIPTURE (KJV)

Philippians 3:13-14

"Forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark."

Good Morning!

The past can become a teacher, but it was never meant to become our permanent address. Paul refused to let former failures or former accomplishments stop his forward pursuit of Christ.

Some people are held back by regret. Others are held back by nostalgia, continually comparing today with what used to be. Both can keep us from recognizing what God is doing now.

Leaving the past does not mean pretending it never happened. It means refusing to let it control today's obedience.

God has placed a calling before you. Release what He has forgiven, treasure what He has taught you, and press forward with your eyes upon Jesus.



TAKE FIVE CHALLENGE

Take five intentional minutes today.

- 1 Read Philippians 3:13-14.
- 2 Name what keeps pulling you backward.
- 3 Thank God for what the past taught you.
- 4 Spend five minutes praying over your next step.
- 5 Do one thing today that moves you forward.



SONG FOR THE JOURNEY

"Higher Ground" — Johnson Oatman Jr.

God continues calling His people upward and forward into deeper faith and greater usefulness.



SHARE THE BLESSING

Encourage someone who is discouraged by their past. Point them toward the grace of God and the next faithful step.



PRAYER

Lord, help me release every regret, wound, and former season that keeps me from moving forward. Thank You for the lessons behind me and the calling before me. Fix my eyes upon Jesus and give me courage to press toward Your purpose. Amen.

Walking with you in Christ,

Pastor Mike

Heartsway Baptist Church

Doing God's work, God's way,
in Jesus' name!

THE GOSPEL IN ONE VERSE

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

John 3:16 (KJV)



PASTOR MIKE'S THOUGHT

The rearview mirror can inform your journey, but it was never designed to determine your direction.



TOMORROW'S TAKE FIVE

Week Two • Friday • Walking in Newness of Life • Romans 6:4 (KJV)



Heartsway
Baptist Church

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Sharing God's Truth
Building God's People
Changing Lives