

Take 5

WITH
PASTOR MIKE



A DAILY MOMENT.
GOD'S TRUTH.
LASTING IMPACT.



A MINISTRY OF HEARTSWAY BAPTIST CHURCH

WEEK SEVEN • THE POWER OF PRAYER



SATURDAY

Watch and Pray

TODAY'S SCRIPTURE (KJV)

**Matthew
26:41**

*"Watch and pray, that
ye enter not into
temptation: the spirit
indeed is willing, but
the flesh is weak."*

Good Morning!

In Gethsemane, Jesus warned the disciples to watch and pray. Their intentions were sincere, but their spiritual alertness was weak.

Temptation often gains ground before the moment of decision. Weariness, isolation, resentment, pride, and neglected fellowship can quietly lower our guard.

Watching means paying attention to the condition of the heart and recognizing the enemy's patterns. Praying means bringing that vulnerability under God's strength before failure occurs.

Do not trust good intentions alone. Ask where you are spiritually tired or exposed. Remove unnecessary temptation, seek accountability, fill your mind with Scripture, and pray for strength while the warning is still clear.



KEY TRUTH

**Watchful prayer
recognizes spiritual
danger before
temptation becomes
surrender.**



TAKE FIVE CHALLENGE

Take five intentional minutes today.

- 1 **Read Matthew 26:36-41.**
- 2 **Identify where you are spiritually vulnerable.**
- 3 **Remove one unnecessary source of temptation.**
- 4 **Spend five minutes praying for alertness.**
- 5 **Ask a trusted believer for accountability.**



SONG FOR THE JOURNEY

"Christian, Seek Not Yet Repose"
— Charlotte Elliott



Spiritual watchfulness and prayer
prepare the believer to recognize and
resist temptation.



SHARE THE BLESSING

Offer accountability without
condemnation. Honest prayer with a
trusted believer can protect both
hearts.



PRAYER

Lord Jesus, keep me spiritually
awake. Reveal where weariness,
pride, resentment, or isolation has
lowered my guard. Strengthen my
willing spirit against the weakness of
the flesh. Help me remove temptation
and receive wise accountability.
Amen.

Walking with you in Christ,

Pastor Mike

Heartsway Baptist Church

**Doing God's work, God's way,
in Jesus' name!**

THE GOSPEL IN ONE VERSE

*"For God so loved the world, that
he gave his only begotten Son, that
whosoever believeth in him should not
perish, but have everlasting life."*

John 3:16 (KJV)



PASTOR MIKE'S THOUGHT

Prayer is strongest before temptation
becomes a crisis; watchfulness helps us pray
while the door can still be closed.



TOMORROW'S TAKE FIVE

Week Seven • Sunday • Confidence in
Prayer • 1 John 5:14 (KJV)



Heartsway
Baptist Church

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*Sharing God's Truth
Building God's People
Changing Lives*