



A MINISTRY OF HEARTSWAY BAPTIST CHURCH

WEEK SEVEN | THE POWER OF PRAYER

SATURDAY

Watch and Pray

TODAY'S SCRIPTURE (KJV)

Matthew 26:41

"Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak."

KEY TRUTH

Watchful prayer recognizes spiritual danger before temptation becomes surrender.

GOOD MORNING!

In Gethsemane, Jesus warned the disciples to watch and pray. Their intentions were sincere, but their spiritual alertness was weak.

Temptation often gains ground before the moment of decision. Weariness, isolation, resentment, pride, and neglected fellowship can quietly lower our guard.

Watching means paying attention to the condition of the heart and recognizing the enemy's patterns. Praying means bringing that vulnerability under God's strength before failure occurs.

Do not trust good intentions alone. Ask where you are spiritually tired or exposed. Remove unnecessary temptation, seek accountability, fill your mind with Scripture, and pray for strength while the warning is still clear.

TAKE FIVE CHALLENGE

Take five intentional minutes today.

- 1 **Read Matthew 26:36-41.**
- 2 **Identify where you are spiritually vulnerable.**
- 3 **Remove one unnecessary source of temptation.**
- 4 **Spend five minutes praying for alertness.**
- 5 **Ask a trusted believer for accountability.**

SONG FOR THE JOURNEY



"Christian, Seek Not Yet Repose"

- Charlotte Elliott

"Watch and pray."

Spiritual watchfulness and prayer prepare the believer to recognize and resist temptation.

SHARE THE BLESSING

Offer accountability without condemnation. Honest prayer with a trusted believer can protect both hearts.

PRAYER

Lord Jesus, keep me spiritually awake. Reveal where weariness, pride, resentment, or isolation has lowered my guard. Strengthen my willing spirit against the weakness of the flesh. Help me remove temptation and receive wise accountability. Amen.

PASTOR MIKE'S THOUGHT

Prayer is strongest before temptation becomes a crisis; watchfulness helps us pray while the door can still be closed.

THE GOSPEL IN ONE VERSE

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

John 3:16 (KJV)

TOMORROW'S TAKE FIVE

**Week Seven | Sunday | Confidence in Prayer | 1
John 5:14 (KJV)**

Walking with you in Christ,

Pastor Mike

Doing God's work, God's way, in Jesus' name!