

A Ministry of Heartsway Baptist Church

WEEK TWELVE • THE POWER OF GRATITUDE | MONDAY

The Power of Gratitude

Key Truth

Gratitude begins by remembering that God is always good and His mercy never ends.

TODAY'S SCRIPTURE (KJV)

Psalm 107:1

"O give thanks unto the LORD, for he is good: for his mercy endureth for ever."

Good Morning!

Good morning! Gratitude is more than a polite response to pleasant circumstances. It is a spiritual habit that turns our attention from what is missing to the goodness of the God who remains faithful.

Psalm 107 does not merely tell us to feel thankful. It calls us to give thanks. Gratitude becomes powerful when it is expressed through our words, worship, choices, and testimony.

The foundation of thanksgiving is not that every day is easy. The foundation is that the Lord is good and His mercy endureth for ever. Circumstances change, but His character does not.

Begin this week by naming God's goodness. Remember one mercy, one answered prayer, one provision, and one person He has used to bless your life. A thankful heart sees ordinary moments as evidence of extraordinary grace.

TAKE FIVE CHALLENGE

Take five intentional minutes today.

1. **Read Psalm 107:1 aloud.**
2. **Name three evidences of God's goodness.**
3. **Thank God for one mercy you often overlook.**
4. **Spend five minutes in thanksgiving only.**
5. **Tell someone how God has been good to you.**

SONG FOR THE JOURNEY

"Count Your Blessings"
— Johnson Oatman Jr.



Remembering God's blessings helps the heart recognize His faithful hand in every season.

SHARE THE BLESSING

Tell someone one specific way their life has blessed yours. Gratitude grows stronger when it is spoken and shared.



PRAYER

Father, You are good, and Your mercy endures forever. Forgive me for noticing problems more quickly than blessings. Open my eyes to Your daily goodness, teach me to give thanks sincerely, and let gratitude shape my words, worship, and attitude. In Jesus' name, Amen.

THE GOSPEL IN ONE VERSE



"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

John 3:16 (KJV)

PASTOR MIKE'S THOUGHT

Gratitude does not pretend life is perfect; it remembers that God remains good in the middle of it.

TOMORROW'S TAKE FIVE

Week Twelve • Tuesday • Giving Thanks in Everything • 1 Thessalonians 5:18 (KJV)

Walking with you in Christ,
Pastor Mike
Heartsway Baptist Church
Doing God's work, God's way, in Jesus' name!

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Heartsway Baptist Church

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