

A Ministry of Heartsway Baptist Church

WEEK TWELVE • THE POWER OF GRATITUDE | WEDNESDAY

Remembering His Benefits

Key Truth

A thankful heart deliberately remembers what hurry, hardship, and familiarity tempt us to forget.

TODAY'S SCRIPTURE (KJV)

Psalm 103:2

"Bless the LORD, O my soul, and forget not all his benefits:"

Good Morning!

Good morning! Forgetfulness is one of gratitude's greatest enemies. We quickly remember what went wrong while overlooking the countless ways God has carried, forgiven, provided for, and protected us.

David speaks to his own soul: 'Forget not all his benefits.' Gratitude sometimes requires us to remind ourselves deliberately of truths we already know.

Remember the prayers God answered and the doors He wisely closed. Remember the strength He supplied, the people He sent, the forgiveness He gave, and the salvation purchased through Jesus Christ.

Create a record of remembrance today. Write down specific examples of God's faithfulness. When another difficult season comes, those written mercies can remind your soul that the God who was faithful before will be faithful again.

TAKE FIVE CHALLENGE

Take five intentional minutes today.

1. **Read Psalm 103:1-5.**
2. **List five benefits God has given you.**
3. **Remember one answered prayer from the past.**
4. **Spend five minutes blessing the Lord.**
5. **Begin a written record of God's faithfulness.**

SONG FOR THE JOURNEY

"Great Is Thy Faithfulness"
— Thomas O. Chisholm



Daily mercy gives us daily reason to remember, worship, and thank our faithful God.

SHARE THE BLESSING

Tell a family member or friend about one time God faithfully carried you. Your remembrance may strengthen their trust today.



PRAYER

Faithful God, keep me from forgetting Your benefits. Thank You for salvation, forgiveness, provision, protection, strength, and daily mercy. Bring past answers and quiet blessings back to my remembrance, and let every memory increase my trust and worship. In Jesus' name, Amen.

THE GOSPEL IN ONE VERSE



"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

John 3:16 (KJV)

PASTOR MIKE'S THOUGHT

Today's gratitude becomes tomorrow's testimony when we take time to remember what God has done.

TOMORROW'S TAKE FIVE

Week Twelve • Thursday • Prayer with Thanksgiving • Philippians 4:6-7 (KJV)

Walking with you in Christ,
Pastor Mike
Heartsway Baptist Church
Doing God's work, God's way, in Jesus' name!

Heartsway Baptist Church

© 2026 Take 5 with Pastor Mike. All rights reserved.
Take 5 with Pastor Mike is a ministry outreach of Heartsway Baptist Church. Permission is granted to share this devotional in its original, unaltered form for personal, church, and non-commercial ministry use.

Sharing God's Truth
Building God's People
Changing Lives